



Cefn Glas

Supporting people to live independent lives





Welcome to

Cefn Glas

As people grow older, they may find their circumstances, lifestyle and housing needs change.

Moving from their home into something smaller and more manageable can seem like a big step. Often it is a worrying time as they decide what's best for their future.

Housing with care for older people

Cefn Glas is designed to help people over the age of 55 or people who are over 50 years of age and have a disability, to live independently with support and provide them with social opportunities which prevent them from feeling isolated.

Our aims

- ✔ To enable you to remain as independent for as long as possible
- ✔ To offer you support on a regular basis to make this possible
- ✔ To extend the choice of housing available to you
- ✔ To provide an alternative to residential care
- ✔ To offer an environment that enables you to control your life
- ✔ To give you all the usual rights of a tenant whilst providing the care and support you need

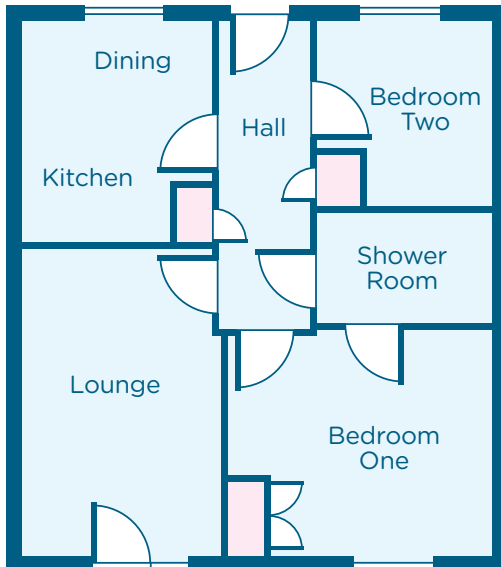


Our Accommodation

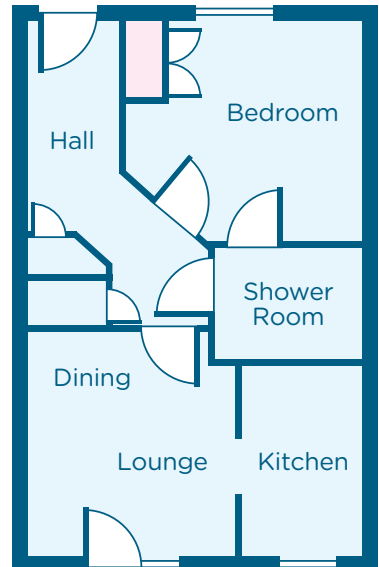
Cefn Glas has 42 self contained apartments.

Each apartment has:

- ✔ Its own front door
- ✔ Either one or two bedrooms
- ✔ Lounge
- ✔ Kitchen
- ✔ Bathroom - including a shower, hand wash basin and toilet
- ✔ Emergency alarm system



Two bedroom apartment



One bedroom apartment

Facilities for residents

- ✓ Light, spacious atrium providing a wonderful communal area
- ✓ Communal lounge with external balcony
- ✓ Communal gardens
- ✓ Communal dining room, serving hot food every day
- ✓ Assisted bathrooms
- ✓ Electric scooter and wheelchair storage
- ✓ Lifts to upper level
- ✓ Communal laundry
- ✓ Hobby room
- ✓ Reading room
- ✓ Hairdressing salon
- ✓ Indoor boules
- ✓ Gigantic indoor chess
- ✓ Gift shop
- ✓ A guest suite for visiting family and friends



Access to computers



A quiet reading room



Hair salon on site



Communal dining room



Tea in the atrium



Modern kitchens



Living at

Cefn Glas

Staff are on hand to visit you in your home, to ensure you are familiar with the building, communal facilities and services available. There are a variety of social activities on offer helping you maintain an active, social life and it is up to you to choose whether or not you take part.

Our staff will treat you with courtesy, honesty, fairness and respect and will offer personal care and support, allowing you to remain independent in your own home.

Our warm and welcoming reception is staffed between 8:30am and 4:30pm, Monday to Friday.





How do I apply or refer a family member?

You can apply for accommodation at Cefn Glas if you are :

- 55 years of age or over, or
- 50 years of age and have a disability

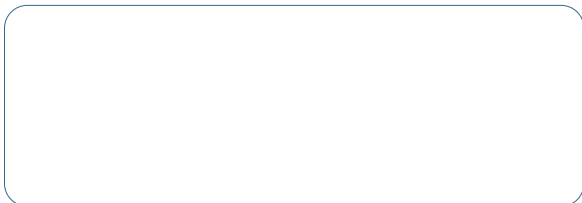
For further information please contact Claire Jones,
Housing Manager.

Tel: 01495 228811

Email: claire.jones@charterhousing.co.uk

How much will it cost to live at Cefn Glas?

Rents may vary depending on the type of apartment, your personal circumstances and whether you qualify for housing benefit. If you would like further information, please contact Claire Jones.



Contact us

Address:

Cefn Glas
Maes-y-Coed
Blackwood
NP12 1HD

Tel: 01495 228811

NP12 1WS

Use this postcode to find us on your sat nav



Cefn Glas is a 50 and up initiative, providing lifestyle choice for the over 50's

www.charterhousing.co.uk

If you would like this information in a different format, please contact: Denise Taylor 01633 233861

part of  seren group